

Mon	Tue	Wed	Thu	Fri
3 Executive Functioning 12pm - 1pm Social 1pm - 2pm	4 No Class Today	5 Cooking 12pm - 2pm	6 Exercise/Games 12pm - 2pm	7 No Class Today
10 Executive Functioning 12pm - 1pm Social 1pm - 2pm	11 No Class Today	12 Cooking 12pm - 2pm	13 Exercise/Games 12pm - 2pm	14 No Class Today
17 Executive Functioning 12pm - 1pm Social 1pm - 2pm	18 No Class Today	19 Cooking 12pm - 2pm	20 Exercise/Games 12pm - 2pm	21 No Class Today
24 Executive Functioning 12pm - 1pm Social 1pm - 2pm	25 No Class Today	26 Cooking 12pm - 2pm	27 Dinner in the Mountains 10:15 - 7:15	28 No Class Today
31 Executive Functioning 12pm - 1pm Social 1pm - 2pm	2026 August	Tooele Calendar		

Tooele Utah August 2026

Please contact the Tooele office if you are interested in attending classes,
or for any questions by
calling 435-843-7353 ext #102 or email tperkins@uilc.org

MONDAY:

Executive Functioning 12:00pm-1:00pm

This class will teach Executive Functioning skills, like Organization and Task Management.

Social Skills 1pm - 2pm

This class will teach Social skills, like Emotions and Gratitude.

TUESDAY:

No Classes today. For 1 on 1 appointments, call the Tooele Center.

WEDNESDAY:

Cooking 12:00pm - 2:00pm

This class will teach you about cooking skills and nutritious recipes.

THURSDAY:

Advocacy 12:00pm - 2:00pm

This class will teach you about Exercising and Games that involve movement.

FRIDAY:

No Classes today. For 1 on 1 appointments, call the Tooele Center.

For more information about outings contact

Sariah Dowdakin
@ 801-466-5565 ext. 215
or sdowdakin@uilc.org

August Outings

Thursday August 27th

-Dinner in the Mountains

-Camp Tracy

3901 Mill Creek Canyon Rd

SLC, UT. 84124, Gate 4

Tooele pick up - 10:15am

Stansbury pick up - 10:30am

11:30am - 6pm

Stansbury drop off - 7:00pm

Tooele drop off - 7:15pm

- Please bring a sack lunch and a water bottle
- Activities include: fishing, necklace making, indoor archery, and a nature program
- Dinner will be hot dogs, sides, and smores.
- \$5 donation request to the UILC

